



**THE GERIATRIC MENTAL HEALTH  
ALLIANCE OF NEW YORK**

**BROOKDALE CENTER**  
for Healthy Aging & Longevity  
Hunter College / The City University of New York

**Basic Concepts in Motivational Interviewing:  
Principles, Conceptual Background, Empirical Support and Therapy Model**

*A BEST PRACTICES LECTURE FROM THE GERIATRIC MENTAL HEALTH ALLIANCE OF NEW YORK*

**Presenters:** Laura Travaglini, MA, *Coordinator, Substance Abuse Program, Columbia University*

**Friday, April 2, 2010  
3:00pm - 5:00pm**

This lecture will present participants with the dynamics of motivation as it applies to Motivational Interviewing, the function of ambivalence, theoretical underpinnings of Motivational Interviewing, empirical support and the model of Motivational Interviewing as both a client-centered and directive approach to change. Participants will also view a brief video clip on Motivational Interviewing in action with an emphasis on “rolling with resistance” strategies.

**Registration Options:**

General Registration: Free  
For Continuing Education Credit: \$25

Click [here](#) to register:

<http://www.eventbrite.com/event/591910420>

**CONTINUING EDUCATION:**

This program has been submitted for continuing credits for social workers.

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