

Training

The Training Core contracts with New York State human service agencies to prepare workers on the frontlines of care for our most vulnerable citizens. Competencies include needs assessments, curricula development, faculty training and program evaluations. Training curricula has been developed and delivered to more than 200,000 professionals and paraprofessionals throughout the State by experts in the particular areas of focus. Contract areas addressed in recent years include Adult Care Facilities, Housing Resource Systems, Local District Support & Training, Management Development Institute, and Protective Services for Adults.

- Workforce Development
- Customized Offerings
- Needs Assessments
- Curricula Development
- Distance Learning

The Sadin Institute on Law & Public Policy

Through the Sadin Institute, Brookdale maintains a major presence in the aging field, particularly in New York State. Sadin staff attorneys are actively engaged in key policy issues affecting the elderly and offer direct assistance to community agencies, attorneys and client advocates. The Sadin Institute has provided counseling on long term care options and public benefits to more than 35,000 older adults and their families. Professional education is also a key competency of the core with more than 500 professionals routinely participating in conferences and training programs each year.

- Policy Briefings
- Professional Education
- Reingold Elder Abuse Project
- Long Term Care

The Brookdale Center for Healthy Aging and Longevity is a center of Hunter College, one of 20 campuses within the City University of New York. Hunter College consists of seven schools, including the Hunter-Bellevue School of Nursing and the Hunter School of Health Sciences which is closely aligned with the Brookdale Center. Brookdale maintains strong ties with New York City's medical community, including Mt. Sinai Medical Center, New York Cornell/Weil Medical Center, and NYU Medical Center. For further information on the Brookdale Center for Healthy Aging & Longevity, visit our website at www.brookdale.org.

BROOKDALE CENTER

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Advancing Evidence-Based Practice and Policy for a New Age

Brookdale Center
for Healthy Aging & Longevity

HUNTER COLLEGE OF THE CITY UNIVERSITY OF NEW YORK

Brookdale Center for Healthy Aging & Longevity

The Brookdale Center for Healthy Aging and Longevity is a multidisciplinary center of excellence dedicated to the advancement of successful aging and quality of life. Through research, education, training and evaluation of evidence-based models of practice and policy, the Brookdale Center plays a vital role in enhancing the quality of life of older adults and their families.

Throughout its 30 year history, Brookdale has been at the forefront of innovation in services and programs for older New Yorkers. It was one of the country's first academic gerontology centers and has educated and trained more than 200,000 professionals and paraprofessionals who staff the aging network. Through its Sadin Institute, the Center pioneered the field of elder law and served as the training ground for some of today's top legal experts. And through its extensive network of cooperative relationships with organizations that care for older adults, Brookdale has served as the axis for

ground-breaking programs and policies, many of which have been nationally replicated.

Today, this legacy continues as Brookdale takes a leading role in the development of evidence-based "best practices" to advance the health and well-being of a new generation.

“Advancing Evidence-Based Practice and Policy for a New Age.”



Marianne C. Fahs, PhD, MPH
Rose Dobrof Co-Director

Under the leadership of its Co-Director, Marianne C. Fahs, PhD, MPH, Brookdale is breaking new ground in aging services by connecting and integrating the applied fields of gerontology with health policy. Brookdale is actively engaged with the community and government agencies throughout the tri-state area to measure the health and social status of older adults, research targeted interventions, and evaluate outcomes. This research is driving the development of new policy and programs in a wide range of disciplines including health promotion, disease management, long term care, cultural competencies and care coordination.

Core Capabilities

The Brookdale Center for Healthy Aging & Longevity is comprised of four cores: Research and Evaluation, Education, Training, and the Sadin Institute on Law & Public Policy.

Research & Evaluation

Engaging a broad spectrum of disciplines and expertise, the Research Core develops evidence-based gerontologic models of policy and practice to establish and promote the benefits of successful aging and longevity. In addition to traditional research methodology, the core has developed innovative tools including its new H-MAP, designed to promote Health Modalities for Aging in Place. H-MAP combines state of the art mapping techniques with evidence-based intervention analysis, targeted health policy analysis and community based partnerships to develop, implement and assess innovative strategies to increase successful aging in NYC neighborhoods.

- Health Status Assessment
- Health Promotion & Chronic Disease Management
- Community-Based Outcomes
- H-MAP (*Health Modalities for Aging in Place*)
- Health Literacy
- Geographic Information Systems
- Cost Effectiveness

Education

Building upon its unique multidisciplinary history and resources within the Hunter College community, the Education Core has developed timely and targeted conferences and continuing education programs for professionals and paraprofessionals in the social and aging services network. To date, the Center has graduated over 700 professionals with Brookdale **Certificates In Aging**. The Education Core has recently expanded its Certificate Program to meet the needs of an aging society with classes in new areas and it has added SiteLine classes that combine the best of internet-based and classroom learning. The Education Core is also a long-standing partner with the Consortium of New York Geriatric Education Centers that designs and delivers programs to improve geriatric education.

- Certificates in Aging
- Corporate Training
- Policy Conferences
- Gerontology Seminar Series